



Lakehouse West

NEWSBITS



July 2020

Independence Day Celebration



Holiday Program

A brief music program presented by the Patriot Singers, led by Peg Smith, in the Great Hall at 11:00 am. Seating is available, but limited, in the Great Hall and Balconies. Chairs 6 feet apart.

Holiday Meal

July 4th is a “one-meal” day. Lunch only. (No dinner service) The 5:00 pm seating is at 12:00 pm and the 6:30 pm seating is at 1:30 pm., for the holiday only. Please bring your menu, filled out, to the Dining Room with you. Masks must be worn.

The Menu

Wild Berry Salad- Mixed Greens with Blueberries, Raspberries, Blackberries and Goat Cheese. Served with a White Balsamic Vinaigrette.

Entrée- Lobster Tail & Beef Tenderloin Served w/ Roasted Red Potatoes and Green Beans.

Dessert- New York Cheesecake with Strawberry & Blueberry Coulis.

Alcoholic Beverages

Bloody Marys, Screwdrivers, & Wine is complimentary & served tableside during the meal.

Live Entertainment

Piano Player/Singer Joe Thayer will entertain in the Dining Room from 12:00 pm-1:00 pm & 1:30 pm-2:30 pm. during the meal.

Dining Room Dress Code-RED, WHITE, & BLUE!- no jeans or shorts.



Patriotic American Icons

“I Want You”

Why has a United States Army recruiting poster born in 1812, with its caption "I Want YOU" and depicting “Uncle Sam”, been one of the most enduring and iconic images in American culture, even a visual metaphor for America itself? Perhaps Americans



found that Uncle Sam, like all good uncles, looked out for them by turning the vast machinery of war mobilization into a family relation, he gave political power a personal face and made sense of the government's presence in everyday life. On closer inspection, though, Uncle Sam is a puzzling figure. He is at once watchful and protective, personable and authoritative, individual and institutional. And, like many uncles, he is very badly dressed. His formal attire conveys the solemnity of war's occasion, and his furrowed brow and piercing stare show his seriousness, but his silly hat and ill-fitting suit suggest that Uncle Sam doesn't usually do this. He reassures viewers that war is not in America's lifeblood; the nation, like its uncle, would rather be doing something else.

The poster helped Americans understand their relationship to wartime government.

What did Americans feel when they saw that poster? When Uncle Sam pointed at them and said, "I Want YOU"? Perhaps Americans felt a sense of duty and knew their country “Uncle Sam” needed them, and was calling on them.

From Uncle Sam Wants You: World War I and the Making of the Modern American Citizen by Christopher Capozzola.

Kathryn Elizabeth Smith, known professionally as Kate Smith and The First Lady of Radio, was an American singer, a contralto, well known for her rendition of Irving Berlin's "God Bless America". She had a radio, TV, and recording career spanning five decades, which reached its pinnacle in the 1940s.



God Bless America

Spoken Introduction

"While the storm clouds gather far across the sea
Let us swear allegiance to a land that's free
Let us all be grateful for a land so fair
As we raise our voices in a solemn prayer. "

Song

God bless America
Land that I love
Stand beside her and guide her
Thru the night with a light from above
From the mountains, to the prairies
To the oceans white with foam
God bless America
My home, sweet home
God bless America
My home, sweet home

Written by Irving Berlin



Irving Berlin, who fled Russia as a child, in his Army uniform during World War I, when he wrote, “God Bless America”.



News & Notes



Lakehouse West has strict policies in place to keep everyone safe & healthy during this time of "Social Distancing"

UNTIL FURTHER NOTICE

- All residents, staff, visitors, and vendors **MUST** wear a mask at all times.
- All residents, staff, visitors, and vendors must stop at the Guard House to have their temperature taken and a few health related questions answered. Visitors & Vendors must also sign in at the Front Desk
- Anyone entering the Dining Room to serve or dine must have their temperature taken and apply the provided hand sanitizer. Seating is assigned to ensure Social Distancing.
- All passengers on Lakehouse West vehicles must have their temperature taken prior to departure. The maximum bus seating is currently 6 passengers. All vehicles are sanitized between each use.
- Anyone attending or hosting a social activity must follow the policy for the specific activity. Every activity announcement will include social distancing requirements.
- Anyone using Lakehouse West common areas or rooms for independent organized activities with others must follow social distancing policies. Masks, etc.



An above-normal 2020 hurricane season is expected, according to forecasters with NOAA's Climate Prediction Center, a division of the National Weather Service. The outlook predicts a 60% chance of an above-normal season, a 30% chance of a near-normal season and only a 10% chance of a below-normal season.

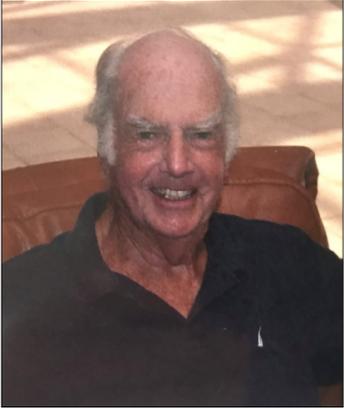
NOAA's Climate Prediction Center is forecasting a likely range of 13 to 19 named storms (winds of 39 mph or higher), of which 6 to 10 could become hurricanes (winds of 74 mph or higher), including 3 to 6 major hurricanes (category 3, 4 or 5; with winds of 111 mph or higher). NOAA provides these ranges with a 70% confidence.

An average hurricane season produces 12 named storms, of which 6 become hurricanes, including 3 major hurricanes. Hurricane season began on June 1st and goes through November 30th.

All hurricanes are dangerous, some more than others. By far the most destructive portion of a hurricane is the storm surge.

Lakehouse West is located 22.21 feet above sea level, so storm surge should not be a problem in the event of a storm. Lakehouse West maintains a set of policies and procedures which serve as a guide in the event of a hurricane or other disaster. These plans are reviewed and approved by the Sarasota County Emergency Management which govern our methods of operation during emergencies. More hurricane preparedness information is available at the Front Desk.

In The Spotlight



Gerry Chapman was born in Plymouth, England and attended the University of Southampton; then drafted into the Royal Air Force. He worked for the U.K. “Atomic Energy Authority” and then moved

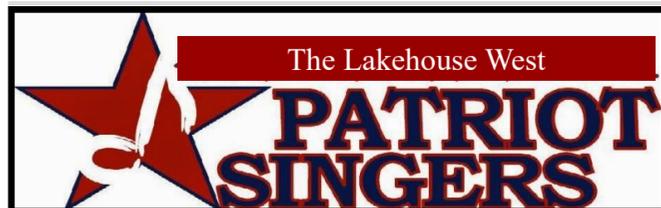
on to The European “Centre for Nuclear Research”. He then worked for the “Super Conducting, Super Collider, Accelerator” project in Dallas Texas.

Gerry met his late wife Pam whilst returning from Paris and they were married for 58 years spending the last 18 years in the U.S. The couple lived on Longboat Key and joined the Sarasota Yacht Club where Pam was involved in the Women’s Club and Gerry was secretary on the Board for six years. He has two daughters living in the U.K., six grandchildren, and he normally visits England several times a year. He is still active in the club. Following the death of his wife Pam, Gerry found his house too large and decided to move to Lakehouse West in March 2020. where he has been attending lunch meetings of the Sunshine Boys for several years.

Gerry is a Sailor, Bowler, and a keen supporter of U.K. Soccer. He looks forward to the return of social activity at Lakehouse West. Welcome Gerry!



Announcing the winners of the “Who’s That?” resident photo guessing game– Judy Black and Carol Smith! They guessed 22 correct out of a total of 36 entries. They each won a gift card for a dinner out! Everyone enjoyed the game and this might be something we should do every year! Congrats!



The Patriot Singers are preparing for their 5th celebration of July 4 at Lakehouse West. Founded by resident Peg Smith five years ago, the singers responded to a flyer which read “Wanted– a few good men to lead a sing-along for July 4–sign up in the Events Book.” Fifteen men responded, and away we went! Since then this male chorus has sung for Memorial Day and the Lighting of the Christmas Tree in addition to July 4 each year. They are not an “every week rehearsal” group. They rehearse three times before each performance. New singers are welcome, call Peg Smith at 354.



**CAMPAIGN AGAINST
SUMMER HUNGER**

ALL FAITHS FOOD BANK



Lakehouse West residents recently donated over \$1200 to All Faiths Food Bank. Thank you to residents for their generosity during this difficult time in the greater Sarasota community and beyond.

Things to know about Programs

Lakehouse West Social Director, John Dionne, is located in the Administrative offices and may be reached by dialing ext. 506 on your telephone. John is always happy to answer questions about social activities and events.

John develops and creates a monthly social calendar that includes upcoming events to help you plan ahead. He also produces a monthly newsletter called “NEWSBITS” that includes more information on, parties, events, exercise programs, lectures, fine art programs, music programs, outings, restaurants, resident interviews, health information, and photos of events.

The NEWSBITS and Social Calendars are delivered to your Lakehouse West “cubby” on the 1st of every month.



John Dionne, Social Dir.

Programs, Tickets, & Sign ups:

- There is no extra charge for programs, and no sign-up required, unless otherwise noted.
- Informational flyers for events & special programs are provided to you, along with Event Posters in the Great Hall. These usually exclude programs that occur on a regular basis.
- Some programs or events require a “sign-up” in the Events Book due to space or planning needs. The Events Book is located in the Great Hall near the entrance to the Business Office.
- If there are no spaces left in the Events Book to sign up– please call John at ext. 506. This means the event is full or is being restricted for a particular reason. You may be placed on a waiting list.
- Occasionally a block of tickets is purchased in advance for an event. Blocks of tickets are not always purchased in advance for events. If you are unsure– please contact John for clarification.
- If a block of tickets is being purchased for an event and you sign up in the Events Book to attend– you have purchased that ticket. The ticket will be charged to your account whether or not you use it. It is your responsibility to sell the ticket to another resident or give it away.
- **Transportation:** There are “Sign Up” notebooks located in the Great Hall, near the entrance to the business office, where you may sign up for scheduled shopping trips to places like Publix or a local mall such as University Town Center. Dates and departure times are noted in the Events Book. A separate Sign Up notebook covers medical appointments.
- If you are a ticket holder for an event, please do not assume transportation will be available. Refer to the Events Book or contact John. A request for transportation is not a guarantee.
- There are minimum transportation requirements in place. Three people is usually the minimum for transportation to events within Sarasota. Six people is usually the minimum for transportation outside of Sarasota.
- Please cross your name off of an event sheet in any Sign Up Book if your plans change. Valuable time is often lost searching for a resident who has changed their mind. This may cause other residents to be late for events. Also, if you are on the list for an event– you will only be called once to remind you if you are not present at departure time.
- There is no charge for Lakehouse West transportation and your guests are always welcome.

Having fun while “Social Distancing”



Hot coffee and flavored creams with danish and homemade muffins is available in the Bar/Lounge area everyday from 9:30 to 11:00 am. The coffee and pastries are served so you may take them to go. Seating is not available.

Grab a cup of “Joe” to go!



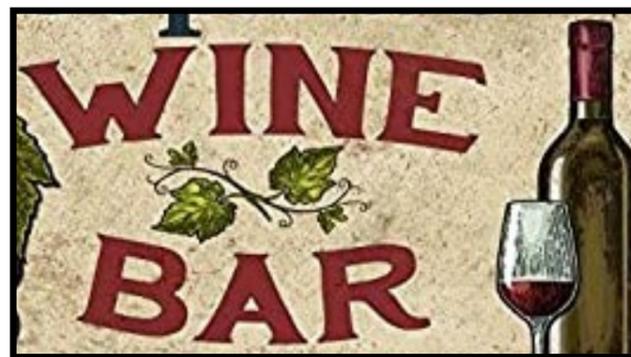
When you receive a Bingo Card in your cubby/ mailbox-that will mean a new bingo game has started! 5 numbers a day will be posted in the lounge. When you get a Bingo give it to the receptionist to record date and time!

BINGO!



Munchie Mondays: Every Monday, from 2:00 to 4:00 pm in the Bar/Lounge area you will find complimentary ice-cream bars, cookies, candy, & soda available for your enjoyment.

Who’s got a sweet tooth?



Wine Wednesdays: Every Wednesday and Friday, from 2:00 to 4:00 pm in the Bar/Lounge area you will find complimentary red and white wine along with salty snacks for your enjoyment.

Any day is a good day for wine!

More things to do during “Social Distancing” at Lakehouse West

Take a walk on our beautiful grounds near the lake. Go for a refreshing swim in the pool or a relaxing soak in the hot tub. Read a good book from our wonderful library. Work-out in the fitness room. Catch up on some movies you’ve been wanting to see. Face Time with friends and family.

Resident Birthdays in July

Date	Resident Name	Apt. #
2	Joan Rubinstein	228
5	Paul Blacksin	333
5	Don Black	233
10	Carol Newberry	204
17	Bill Hubbard	308
18	Dan Barrett	205
20	Arlene Bergenhagen	265
20	Dr. Jean Chase-Williams	345
25	Katie Kimmel	106
28	Leo Cook	219
28	Jerry Wiggins	127

On the last Friday of every month residents sign birthday cards and donate \$1.00 for every card signed to local charities. This program is managed by the Friendship Committee.



The Lakehouse West Business Office is open Monday-Friday from 9:00 am to 12:00 pm for mail postage, copies made, fax services and checks cashed up to \$80.00

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2017, 2018 & 2019

Awarded by Florida Health Care Activity Coordinators Association
 Publisher: John Dionne
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 Ginny Cardozo, Writer & Editor
 Ginny Coveney, Editor
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**Making the rest of your life
the best of your life...**

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