



Lakehouse West

NEWSBITS



April 2022

Events & Entertainment



Friday, April 15
4:00 pm
Great Hall

Sign up in the
Events Book

The Seder is hosted by Larry & Barbara Olson.



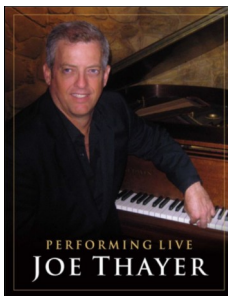
Sunday, April 17
9:30- 11:00 am

The Easter Bunny
leaves sweet treats
in the lounge.

Traditional Easter Dinner served at noon in the
Dining Room. * This is a one meal day.



Happy Hour every Thursday at 4:00 p.m.!



April 7 & 28- Happy
Hour with full bar and
the music of Joe Thayer.

April 14- Happy Hour
with full bar and the
music of Arun Bhagwat.

April 21- Happy Hour with full bar and the
music of The Jitterbugs. (poolside)



New Games in April! Hosted by Rick & Alexa

What is That Song?

Tuesday, April 12
11:00 a.m. - Theater.



Thinking about putting
your music knowledge
to the test? What is That
Song, is a trivia game that tests your knowledge of
music in Alexa playlists. You'll have to guess the
song's title and artist.

Common Knowledge

Tuesday, April 19
11:00 a.m. - Theater.



This game asks those
practical, every day questions everyone should
know....but do you? Common Knowledge in fun
categories like good eats, survival, etiquette, etc.
Plus even more games listed below!

Bingo!: Saturdays, 7:30 pm, Card Room.

Trivia: 2nd & 4th Fridays, 7:15 pm, Card Room.

Poker: Mondays & Wednesdays, 7:00 pm, PR.

Duplicate Bridge: Saturdays, 1:30 pm, Card Room

Rummikub: Mondays & Thursdays, 7:15 pm
& Fridays, 1:30 pm, Card Room.

Majong: Wednesdays, 1:30 pm, Card Room.

Mens' Billiards: Tuesdays & Fridays, 1:30 pm, GR

Sign up in the Events Book for
transportation to the events below.

Friday, 4/1, Van Wezel- 7:00 pm

Monday, 4/4, Out to Dinner- 5:00 pm

Saturday, 4/9, Van Wezel- 1:30 pm

Monday, 4/11, Lunch & Golf- 10 am

Monday, 4/18, Out to Dinner- 5:00 pm

Thursday, 4/21, Holley Hall- 6:30 pm

Monday, 4/25, New Museum & lunch- 10:00 am

Saturday, 4/30, Asolo Theater- 1:00 pm



Listen & Learn



Residents' Association Meeting

Friday, April 1, 2022
10:00 a.m.– Great Hall

Reports are given by the Lakehouse West Residents' Association Board Members and the Executive Director. Questions are taken and comments are heard.

Tech TALK

An interactive discussion and information on today's technology with Rick Rabalais. Topics covered:

Adding applications to your device, security, and general maintenance questions. Bring your questions for your phone, iPad, or computer.

Wednesdays, April 6, 13, & 27
11:00 a.m. - Card Room

A Music Listening, Lecture, & Related Film Program by Joan Rubinstein

Music of Franz Liszt
Tuesday, April 12,
1:30 pm, Card Room



Franz Liszt was a Hungarian composer, pianist and teacher of the Romantic era.

Liszt gained renown in Europe during the early nineteenth century for his virtuoso skill as a pianist.



Film: Song Without End

Thurs., April 14- 1:30 pm, Theater
The romantic story of Hungarian pianist Franz Liszt (Sir Dirk Bogarde), whose scandalous love affair forced him to abandon his adoring audiences.



The Ehrlich Lecture Series presents:

Tutus & Bare Feet - An insider's perspective by Muriel Mayers

Wednesday, April 20
11:00 am, Meeting Room.
Sign up in Events Book



Muriel is a founding board member of Sarasota Contemporary Dance, formerly Fuzion Dance Artists, and served as Board President for the first seven years, in addition to treasurer. She trained in ballet at The School of American Ballet (affiliated with the New York City Ballet), and contemporary/modern and choreography at the University of WI, Madison. Muriel taught at Wheaton College in Norton, Mass. She established Studio 3 in Scarsdale, NY, and taught at community centers in New Canaan, Ct and Scarsdale, NY. Under the name of Synchronized Sound, in collaboration with musicians and other dancers, Muriel produced 4 LP dance accompaniment records.

LIVING BETTER WITH HEARING LOSS

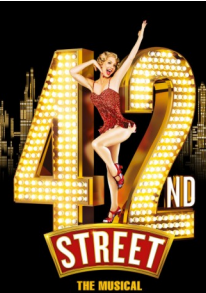
by Barbara Chertok
Tues., April 26, 2:00 pm, Card RM.



Topic: Caption Phones for Seniors

What is the best caption phone? Does Medicare pay for a caption phone? Is there a fee for a caption phone? Does a caption phone require the internet?

Types of free caption telephones will be discussed during the lecture.



Performing Arts Lecture Series by Sharon Ohrenstein

Topic: 42nd Street
Friday, April, 29-
3:00 p.m. Card Room



In The Spotlight

Meet Jeanne & Mel Mott



Jeanne grew up in Bethpage, New York (on Long Island), while Mel was raised in Moravia (the Finger Lakes of New York state). Both were married before: Jeanne has a

daughter living in Clearwater, FL, and Mel has 3 stepchildren. Mel worked as a Sales Director for hotels in the Washington, DC area for 25 years and later as a distributor of promotional items (coffee mugs, pencils, etc.) For 25 years before moving to Sarasota. Jeanne was a Professor of Nursing at Tampa University and Hillsborough Community College. She also worked at Ringling School of Art & Design as a psychotherapist for students. The couple lived in Longwood Run before moving to Lakehouse West. They still spend about 4 months every summer at their cottage in Cayuga, New York. Here at Lakehouse West they are now making time for more fun. Jeanne plays Bocce and Mel likes golf. Welcome Jeanne & Mel!



Tammy Lilly owns and operates the Lakehouse West beauty shop, “Lilly Pads”, located on the second floor of the Great Hall. She keeps us looking beautiful as we grow older, often suggesting a new, flattering style that compliments and reflects her 30 + years of experience. She laughingly says she learned to cut hair on her Barbie Doll and dog. (Lol) Tammy has a bright, warm and friendly personality. She is married with 2 daughters and 2 grandchildren. She enjoys cooking and working on building projects with her husband. They live in Venice. In 2015, Tammy moved from Lancaster, Pennsylvania to Florida, realizing that a warmer climate would be nice and offer new opportunities for her hair care business. Tammy has worked at 7 other retirement communities in Sarasota before joining Lakehouse West where she also offers manicures and pedicures. Her assistant, Holly, works 2 days a week. The current salon hours are Tuesday- Friday and an occasional Monday. Tammy also does hair in our Assisted Living community. Call Tammy today at ext. 523!

Meet Selma & Barry Abeshaus

Selma grew up in the Boston area and Barry in Pottsville, PA. have lived in Sarasota for 23 yrs. As a student at Boston University, Selma’s room-mate (who was from Barry’s hometown) introduced



them, one and a half years later they got married, and Selma moved to Pottsville. Barry is a graduate of the Univ. of Connecticut. After serving in the Army he worked in Conn. for a year before returning to Pottsville to practice pharmacy with his father in a neighborhood drug store. The couple has 3 children and 7 grandchildren. Selma was a stay at home mother and also established a catering and food service business. Barry has always enjoyed playing poker, doing New York Times crossword puzzles, and likes to read. He has joined the Patriot Singers, tried shuffleboard, Tai Chi, and both enjoy the parties here at Lakehouse West. Selma likes to cook, read, and knit. She has joined the Book Club and plays Mahjong. They have found Lakehouse West offers lots to do with many friendly faces. They are looking forward to many more good years doing it all! Welcome Selma & Barry!

Interviews coordinated by Ginny Cardozo

Getting Involved



Cheers For Our Volunteers!

“A volunteer is a person who willingly undertakes a meaningful task that aims to benefit others.”

Each month NEWSBITS will highlight one of our residents who has been an active volunteer over time, not only here at Lakehouse West, but throughout their lives!



Howard Levine

One might describe Howard as being upbeat, confident, and gregarious. But it's his kind, thoughtful, and generous nature that is so admirable. He has always gone out of his way to be friendly and helpful to others. It never matters to him if you are a friend or a stranger, he is always upbeat and conversational.

Howard began volunteering as a very young boy during World War II when he helped collect newspapers that were being recycled as part of a national civil defense program. In later years, whether it meant giving to the homeless or sharing knowledge and skills when there was an opportunity to do so, he was always a willing donor. Early on, when he was in the plastic business, he worked with youngsters ages 12-15, teaching them the secrets of the trade so that, in the years to come, they

would gain a better sense of life in the business world.

Howard's love for boating took him in many directions. He moved over time to Buffalo, New York, and then to Sarasota. He is a fifty two year member of the U.S. Power Squadron where he was an instructor, and eventually became a New York State Commander. His greatest concern was about the safety issues when sailing or running a power boat. He was safety examiner and commander in Buffalo, Administrator officer and conference chairman in New York State, and has spent many years as Vessel Safety Examiner and instructor in Sarasota, a volunteer service that he is still actively engaged in today.

Religion has always played a major role in Howard's life. During the years he lived in Buffalo, he was President and fund raising chairman of his Temple as well as a volunteer for interfaith organizations. For six years, he organized a group of Jewish men who operated the police radio on Christmas Eve and Christmas Day so that the Christian deputies could celebrate the holidays with their families.

Here at Lakehouse West, Howard has continued his dedication to being an active volunteer. He is currently serving as Vice President of the Lakehouse West Residents' Association. He enjoys singing with the Patriot Singers, has been the Town Hall/ Ehrlich Lecture Series Chairman as well as a three time lecturer. He has contributed to the clothing drive, Bocce and Shuffleboard games, and the annual Hanukkah programs.

There is no doubt that Howard also loves to entertain! Those who know him well know how much he not only wants his audience to smile, but hopes to be giving them something to smile about! He is a passionate student, always ready to learn and to share whatever he has learned with anyone who might be interested. For all he has given to others, he deserves our sincere appreciation and recognition.

Helen Fleder

Health & Wellness

Barbara Argue RN, DON

Barbara is available in the Health Center Monday-Friday from 8 a.m. to 4 p.m. or by calling ext. 507. After hours and on weekends, there is always a nurse on duty in ALF who will respond with assistance in a medical emergency. In this instance, call the receptionist (#0) and ask for the nurse to call you. Please do not leave a message at extension 507, as Barbara is not available after 4 pm or on weekends. Thank you.



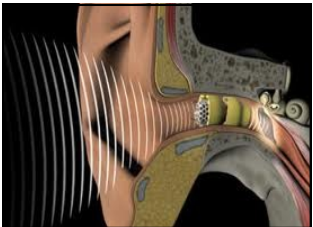
Laboratory Services

Lab draws are in the Health Center (Barbara's' Office) between 7:30 and 8:00 a.m. on Tuesdays. No appointment is necessary, but you may want to review your lab slip with the Director of Nursing. Specimen cups are available in the Health Center for you to pick up that morning. Questions? Call ext. 507.



Hearing Aid Services

Fourth Tuesday of every month 9:00– 10:00 a.m. in the Card Room. A representative from Gulf Gate Hearing Aid Center will check and clean hearing aids. They can also change batteries and provide batteries. Sign up in Events Book.



Movement Magic w/Mike McManus
Saturdays 2:15 pm - Meeting Room



Strength & Stretching with Albert Perez, PTA.
Wednesday 10:30 a.m. Meeting Room



Move with Music Yael Campbell, Certified Instructor
Tuesday, 9:30 a.m.- Meeting Room



Chair Yoga with Rick Rabalais, Certified Yoga Instructor
Monday and Thursday— 11:15 a.m.-Meeting Room



Tai– Chi with Hope Byrnes
Wednesdays, 3:15 p.m.- Meeting Room

Blood Pressure Services

Residents may have their blood pressure checked at any time the Health Center is open.



Podiatrist Services

Dr. Clode visits Lakehouse West every two months He meets with residents in their apartments. Call 507 for information.



Medical Appointment Transportation

Lakehouse West provides transportation for residents to medical appointments. Monday thru Thursday from 8:00 am—12:00 pm. Sign up for medical appointment transportation by 3:30 pm the day before your appointment. You must provide the exact address and time for your appointment. The medical appointment sign up book is located in the Great Hall outside the Business Office.



Life at Lakehouse West



Ladies In The Pool, Center & clockwise: Sue Mandell, Hope Byrnes, Elizabeth (guest), Marion Houston, Judy Black, Jeanne Blacksin



Joan Rubinstein & her secret admirer



Marcia Frankel, Janine Owens, Dr. Bert Fivelson- Breakfast Event



Toby & Charles Miller- Mardi Gras Party



Joyce & Jerry Goacher- St. Patrick's Day Party



Jan Short, Sally Kuyper, Rosemarie Thierry- Out to Dinner



Resident Birthdays in April

Date	Resident Name	Apt. #
3	Bernie Ehrlich	227
3	Nina Richards	335
4	Sara Sellinger	224
5	Anna Davis	236
9	Lynne Barrett	157
10	Patricia Cohen	103
11	Toby Miller	156
17	Dorothy Zrimsek	149
19	Mary Anne Abbe	250
19	Shirley Tabory	136
26	Peter Hainsworth	101
28	Barbara Moskow	338
29	Dorothy Jacobson	341
29	Calvin Miller	226

On the last Friday of every month residents sign birthday cards and donate \$1.00 for every card signed to local charities. The program is managed by the Lakehouse West Friendship Committee.

NEWSBITS- Best Newsletter
2017, 2018 & 2019
Awarded by Florida Health Care
Activity Coordinators Association

John Dionne, Publisher & Editor
Ginny Cardozo, Writer & Editor
Helen Fleder, Writer
Ginny Coveney & Larry Olson, Editors
Stephen Martin– Bennet, photo contributor

***Making the rest of your life
the best of your life...***

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