



Lakehouse West

NEWSBITS

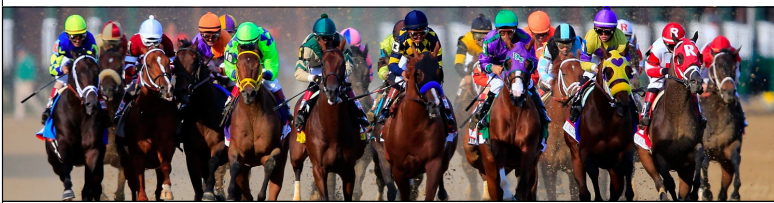


May 2022

Events & Entertainment



Cinco De Mayo & The Happy Beats
Thursday, May 5- Great Hall
4:00 pm The Happy Beats perform Mexican/Latin inspired music in the Great Hall, followed with full bar.
5:00 pm Mexican themed Dinner.
Wear vibrant yellow, orange, & lime!



Kentucky Derby Party & Betting Pool
Saturday, May 7
4:00- 5:00 pm Derby Betting Pool, run by Richard Miller in the Great Hall.
4:00- 5:00 pm Cocktails available at the bar. (All seating is in the Dining Room).
4:30-5:30 pm Appetizers served in Dining Room.
4:30 -6:00 pm Music by Joe Thayer in Dining Room. * Race shown in LHW Theater. TBA

Mother's Day Dinner
Sunday, May 8,
4:30 pm
Complimentary wine
at the bar & enjoy
the piano music of
Josh Ewing in Dining Room.



The logo for 'Chorus' features the word in a stylized, blue, musical-themed font with a treble clef integrated into the letter 'h'.
Thursday, May 19
4:00 pm
Great Hall
The Lakehouse West Chorus presents:
The Magical Music of Hollywood
Cocktails at the bar following performance.



Monday, May 30
11:00 am The Patriot Singers, directed by Peg Smith, present a Memorial Day program in the Great Hall.
* Special appearance by Bag Pipe Player Gary Reinstrom. **11:30 am** Screwdrivers and Bloody Marys are served in the bar area.
12:00 pm Holiday theme lunch is served in the Dining Room. This is a one meal day.
Wear your red, white, and blue!



Annual Presentation & Party
Thursday, May 26, Great Hall
Hosted by Richard Miller
4:00 pm- Awards presented by Richard Miller
4:30-6:00 pm- Cocktails & Music
This is an event to recognize all the Lakehouse West Sports Leagues by thanking all the team players and captains for their participation. Awards will be given to the teams that excelled and won this past season. Congratulations!

Listen & Learn



**Hurricane Meeting
& Cocktail Party**
Wednesday, May 11
3:30 p.m. Great Hall

Lakehouse West’s hurricane policies & procedures review. Find out what you need to know, and do, in a hurricane. Presented by Annette Hodges, ED & Brian Bakhaus, Maintenance Director.



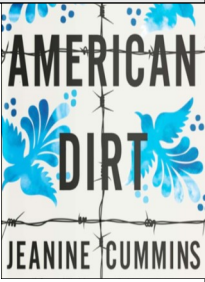
**Residents’ Quarterly
Association Meeting**
Friday, May 13, 2022
10:00 a.m.– Great Hall

Reports are given by the Lakehouse West Residents’ Association Board Members and the Executive Director. Questions are taken and comments are heard.

“Let’s Read Good Literature”

Discussion led by Chris Evens
Tuesday, May 3 -1:30 pm, Card RM

AMERICAN DIRT is a 2020 novel by Amer. author Jeanine Cummins. Plot: The story of a Mexican woman who had to leave behind her life and escape as an undocumented immigrant to the U.S. with her son.



Paul Black sin discusses the benefits of the National Library Ser-
That All May Read

Friday, May 6
11:00 am - Card Room



**Wed., May 4 & 25
11:00 a.m. - Card Room**

An interactive discussion and information session on today’s technology with Rick Rabalais. Topics covered: Adding applications to your device, security, and general maintenance questions.

The Ehrlich Lecture Series presents:



A Talk on Africa
by Marianne Mandell

Wednesday, May 18
11:00 am, Meeting RM
Sign up in Events Book

Marianne has a BA in psychology, a Dual Masters in Special Education and a Law Degree. She has had various careers. She worked for the Bureau of Product Safety, taught handicapped children, practiced some law & ran a medical office. Marianne recently travelled to Africa & will share her experience



Music Listening, Lecture & Film
by Joan Rubinstein

Music of Bedrich Smetana
Tuesday, May 24 - 1:30 pm, CR

Bedřich Smetana was a Czech composer who pioneered the development of a musical style that became closely identified with his people's aspirations to a cultural and political "revival"



Film: The Bartered Bride

Wednesday, May 25- 1:30 pm, Theater
A comic opera in three acts by Czech composer Bedřich Smetana, to a libretto by Karel Sabina.

LIVING BETTER WITH HEARING LOSS

by Barbara Chertok
Tues., May 17, 2:00 pm, CR



Topic: Why Hearing Aids end up in the Drawer and not in the ears. May is better hearing and speech month. Come and learn everything you wanted to know about hearing aids but were afraid to ask.



News & Notes



Sign up in the Events Book located in the Great Hall for transportation to events.

Tuesday, 5/3, Dinner: Mad Fish Grill-5:00 pm
Friday, 5/6, Ed Smith Stadium; Concert- 7:00 pm
Tuesday, 5/10, Evie’s Mini golf & lunch-10:30 am
Tuesday, 5/17, Celery Fields & lunch- 10:30 am
Tuesday, 5/24, Dinner: Captain Brian’s- 5:00 pm
Tuesday, 5/31, Beyond Van Gogh/ lunch- 10:30 am



May 6-12 is National Nurses Week



National Nurses Week celebrates and acknowledges nurses and the hard work they do in making their patients feel comfortable. This week always ends on May 12, Florence Nightingale’s birthday. We have 10 nurses who work in Assisted Living:

Wendy Santangelo, LPN, Nurse Manager
Carolyn Campbell LPN, Ardree Chatfield RN,
Cindy Hall RN, Steve Hall RN, Mary Lyons LPN,
Sue Mikula RN, Norma Overmyer LPN
Peggy Suter LPN, Rhonda Zirkle RN

Many of you have called for a nurse during the weekend, evening or night and received good care and advice from the nurse on duty in Assisted Living. Let’s thank them for their dedication, reliability and caring! *Barbara Argue, RN, DON*



We Wish these Lakehouse West Servers well on their journey.



Nick Butler, (left) will attend the University of Central Florida. He plans to pursue a major in Biomedical Sciences.



Sophia Hoffman, (right) will attend the US Military Academy. She plans to major in Psychology.



Liz Mateus- Norskov, (left) will attend Hillsboro Community College and then Texas Christian Univ. She plans to then pursue a major in Physical Therapy.



Nik Taylor, (right) will attend the State College of Florida. He plans to pursue a career in Firefighting.

GOOD LUCK!

The Notable Knitters Volunteerism at it’s best Giving purpose to their lives and bringing joy to those who are the recipients of their work keep the Notable Knitters feeling inspired, productive and rewarded. Creativity dominates the structure of each of their knitted and crochet blankets which are unique in color, texture and design. The blankets range in size from the smallest, designed for premature babies, to the larger ones that are given to cancer patients while undergoing chemo treatment. To date, close to 200 blankets have been donated to Sarasota Memorial Hospital! New members are always welcome. Just recently Larry Olson joined the group, inspired by a desire to learn something new. It took only one session and he was literally and figuratively hooked! The knitters meet every Monday at 2pm in the card room. Come as you are. We will have the needles and yarn available to get you started!
Helen Fleder

In The Spotlight



Jerry Goacher attended an “Introduction to Art” activity several years ago at Lakehouse West. This is when he discovered he has a talent for painting! Be sure to stop by the Art Room and see some of Jerry’s art for yourself.



Ronald De Anna constructs picture-perfect small buildings as a way to keep occupied, but its also a reminder of his earlier life as a builder/ developer in Ohio and more recently in Florida. When you pass by the Art Room-take a look!



“In The Spotlight” coordinated by Ginny Cardozo



Getting Involved

Cheers For Our Volunteers!

“A volunteer is a person who willingly undertakes a meaningful task that aims to benefit others.”
Each month NEWSBITS will highlight one of our residents who has been an active volunteer over time, not only here at Lakehouse West, but throughout their lives!



Hope Byrnes

Despite Hope’s former aspirations to become a lawyer and pursue an interest in government affairs in Washington, it was her love for music, a trained operatic voice, and a flare for bringing people together that led her to a lifetime of volunteering. In High School, along with the debate team, speech club, National Honor Society and junior varsity volley ball and basketball teams, she was the dance lead in both “Brigadoon” and “Song Of Norway.”

In the 1960’s, while living and working on Capital Hill in Washington, she performed in local D.C. and Maryland opera and operetta productions. She had the honor of singing at a state event at The Library of Congress in a musical performance for Pearl Mesta. At that time, she became the liaison between Senators and radio and T.V talk shows, spending time with the Vice President and senators Robert and Edward Kennedy. After she married Paul, a U.S. Foreign Service Officer, Hope moved to Madrid where she helped organize the Madrid Network of Business Women and performed in fund raising events to support local art organizations and community associations.

In 1990, after moving to Sarasota, she could begin to live her dream: “To contribute as much as possible to my community and to my commitment to the arts”. She brought audiences to their feet when she sang in venues from the Ritz Carlton to the Senior Theater Group at Glenridge Theater, and at many retirement homes in Bradenton, Sarasota and Venice.

It was her educational background and experience as a wife of a U.S. diplomat that laid the foundation for her impact on the art scene in Sarasota. Her abilities proved to be admirable when in time, she became President of the Opera Guild, Asolo Theater Guild, and West Coast Children’s c Chorus. She created the Asolo Theater Guild Awards, the Sarasota Sisters Cities Association, and Foreign Service Retirees Association of Florida. She served as board member of the Jazz and World Affairs Council. In 1999, Hope received the Mayor’s Award for Outstanding Community Service. A year after 9/11, she inspired and produced a concert to commemorate the event in Sarasota, working closely with the New York City Police Commissioner.

She has continued volunteering after moving to Lakehouse West; leading both daily water aerobics and Tai Chi classes, as well as serving as captain of her bocce and golf teams. She tells us “Music is a gift I treasure. I have been able to use this gift and will continue to sing as long as I can. Singing for the enjoyment of others makes me feel I am making a contribution” Each time we have heard Hope singing down the hall, or singing hymns on Sunday mornings, she has brightened our lives.

She is a gal with many talents and a generous heart, well deserving of our respect & admiration.

Helen Fleder

Health & Wellness

Barbara Argue RN, DON

Barbara is available in the Health Center Monday-Thursday from 8 am to 4 pm or by calling ext. 507. After hours and on weekends, there is always a nurse on duty in ALF who will respond with assistance in a medical emergency. In this instance, call the receptionist (#0) and ask for the nurse to call you. Please do not leave a message at extension 507, as Barbara is not available on Fridays or weekends. Thank you.



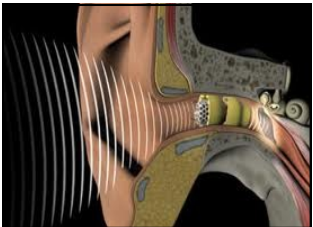
Laboratory Services

Lab draws are in the Health Center (Barbara's' Office) between 7:30 and 8:00 a.m. on Tuesdays. No appointment is necessary, but you may want to review your lab slip with the Director of Nursing. Specimen cups are available in the Health Center for you to pick up that morning. Questions? Call ext. 507.



Hearing Aid Services

Fourth Tuesday of every month 9:00– 10:00 a.m. in the Card Room. A representative from Gulf Gate Hearing Aid Center will check and clean hearing aids. They can also change batteries and provide batteries. Sign up in Events Book.



Movement Magic w/Mike McManus
Saturdays 2:15 pm - Meeting Room



Strength & Stretching with Albert Perez, PTA.
Wednesday 10:30 a.m. Meeting Room



Move with Music Yael Campbell, Certified Instructor
Tuesday, 9:30 a.m.- Meeting Room



Chair Yoga with Rick Rabalais, Certified Yoga Instructor
Monday and Thursday 11:15 a.m.-Meeting Room



Tai– Chi with Hope Byrnes
Wednesdays, 3:15 p.m.- Meeting Room

Blood Pressure Services

Residents may have their blood pressure checked at any time the Health Center is open.



Podiatrist Services

Dr. Clode visits Lakehouse West every two months He meets with residents in their apartments. Call 507 for information.



Medical Appointment Transportation

Lakehouse West provides transportation for residents to medical appointments. Monday thru Thursday from 8:00 am—12:00 pm. Sign up for medical appointment transportation by 3:30 pm the day before your appointment. You must provide the exact address and time for your appointment. The medical appointment sign up book is located in the Great Hall outside the Business Office.



Resident Birthdays in May

Date	Resident Name	Apt. #
2	Barbara Blumenthal	326
2	Howard Levine	139
3	Jay Moskow	338
6	Dr. Barry August	135
6	Joan Erdin	146
10	Janet Short	105
18	Christian Thierry	138
21	Marcia Frankel	225
22	Charles Halfast	134
26	Sally Ann Kuyper	166
26	Lynne Walther	360
28	Ginny Cardozo	203
30	Phyllis McIlraith	212

On the last Friday of every month residents sign birthday cards and donate \$1.00 for every card signed to local charities. The program is managed by the Lakehouse West Friendship Committee.

NEWSBITS- Best Newsletter

2017, 2018 & 2019
Awarded by Florida Health Care
Activity Coordinators Association

John Dionne, Publisher & Editor
Ginny Cardozo, Writer & Editor
Helen Fleder, Writer
Ginny Coveney & Larry Olson, Editors
Stephen Martin– Bennet, photo contributor

Making the rest of your life
the best of your life...

Lakehouse West
Life with Style
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www.lakehousewest.com
Assisted Living Facility License # 5850

