



Lakehouse West

NEWSBITS



Soak in some summer sun!

June 2022

Events & Entertainment



Celebration of Life for Bernard “Bernie” Ehrlich
Thursday, June 2.
2:00 pm, Great Hall
Wine & petit fours served



Celebration of Life for Frank & Lou Clark
Thursday, June 9.
4:00 pm, Great Hall
Wine & cheese served



NATIONAL DONUT DAY
Friday
June 3
9:30 am
Lounge

Enjoy Donuts During Coffee Social

Concert by Dr. Dale Rieth Jr. & his Students from Indian River State College
Monday, June 13. 4:00 pm, Great Hall



Dr. Dale Rieth Jr., a Lakehouse West favorite, is back with 13 of his musical theater students for a “Contemporary Cabaret” performance.
Don’t miss it!



Happy Hour
Thursday, June 30
4:00-5:15 pm - Great Hall
Full bar and Joe Thayer entertains on the piano.

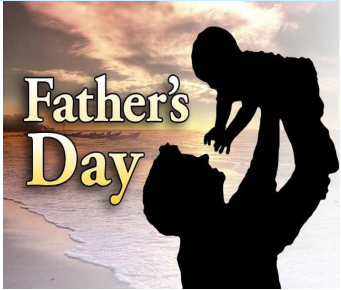
Coming June 21
Hey, look us over
A Lakehouse West original production!
4:00 pm - Great Hall
Full Bar after the performance
*Mark the date, and don't be late!
Or you'll miss the fun, once the show's begun.*



Comedy Show featuring Gid Pool
Thursday, June 16.
4-5:00 pm, Great Hall
Bar will be open 1/2 hr. before & 1/2 hr. after the show

Gid’s act is all about growing old, and laughing at the younger generation. He has appeared on the Today Show, been written about in the Wall Street Journal, and worked cruise lines for 10 yrs.

Father’s Day
Sunday, June 19 - 4:30 pm
Wine will be available at the bar 4:30-5:30 and piano music by Amandah Jantzen.
(all seating in the Dining Room)



Thursday, June 23. 4:15-5:15 pm. - Great Hall
Meet new residents and enjoy cocktails & music.

Listen & Learn

“Let’s Read Good Literature”
The Wedding,book club coordinated by Marcia Frankel
Tuesday, June 7 -1:30 pm, Card RM
In her final novel, “The Wedding”, a beautiful and devastating examination of family, society and race Dorothy West offers an intimate glimpse into the Oval, a proud, insular community made up of the best and brightest of the East Coast's Black bourgeoisie on Martha’s Vineyard in the 1950s.



The Ehrlich Lecture Series presents:
Meet The Mayor, Erik J. Arroyo

Wednesday, June 15
11:00 am, Meeting RM
Sign up in Events Book

Mayor Erik J. Arroyo will discuss current issues and future plans for Sarasota.

Mayor Arroyo comes from humble beginnings. Born in the Dominican Republic and raised by a single mother, Erik immigrated to the United States as a teenager and went from having no indoor air conditioning or warm running water, to being the first in his family to graduate high school. He met his wife at Riverview High School in Sarasota. He also practices law focusing on business, corporate, and estate planning. He feels truly blessed to be living the American Dream.



LHW Residents’ Association Meeting
Friday, June 10, 2022
10:00 a.m.– Great Hall

Reports are given by the Lakehouse West Residents’ Association Board Members and the Executive Director. Questions are taken and comments are heard.

Music Listening, Lecture & Film
Program by Joan Rubinstein

Music of Aaron Copland
Tuesday, June 14, 1:30 pm, CR

Aaron Copland was an American composer, composition teacher, writer, and later a conductor of his own and other American music. Copland was referred to by his peers and critics as "The Dean of American Composers".



Film: The Heiress, Wed, June 15, 18, 24, 28, 29.
1:30 pm, TH



Wealthy Catherine (Olivia de Havilland) lives a dull life with her controlling father, Dr. Sloper (Ralph Richardson), in 1840s New York. Enter handsome Morris Townsend (Montgomery Clift), a social climber with his eye on the spinster's heart and inheritance.

Performing Arts Lecture by Sharon Ohrenstein
Friday, June 17
3:00 pm, Card Room

Sharon discusses great performing arts productions in theater and film.



LIVING BETTER WITH HEARING LOSS
by Barbara Chertok
Tuesday, June 28,
1:30 pm, Card Room
Topic: Cochlear Implants

Come and learn, 1. If you are a candidate. 2. How they work. 3. How they differ from hearing aids. 4. How long they take to get used to. 5. How much they cost.
“I personally have two CIs and they are true miracle devices”. Barbara Chertok

News & Notes



Earth Day was established in 1970 as a day of education concerning the environment. Earth Day is a global recognition focused on green living and climate issues, helping to bring increased public awareness of environmental concerns into the global spotlight. Earth Day 2022 occurred on Friday, April 22. In honor of Earth Day, Lakehouse West planted palm trees on the their campus. Pictured left to right are Chris Koon and Jeramy Campbell, Maintenance; Susan Solomon, Marketing Director; Wyndal Mullins, Maintenance; Annette Hodges, Executive Director; Brian Bakhaus, Maintenance Director.



Do you have a green thumb?

Lakehouse West is considering purchasing “raised” garden beds for the patio off the 2nd fl. These would be raised beds for residents to grow flowers and herbs, (no vegetables as this may encourage critters). This would be an ideal location as it gets lots of sunshine, is easy to get to, and is shaded at various times for gardening. Lakehouse West would provide the supplies, and the garden beds would be completely tended by residents. If you are interested, sign up in the Events Book. If there is enough resident interest, a meeting will be scheduled to discuss it further.

Sign up in the Events Book located in the Great Hall for transportation to events, dinners out, shopping and medical appointments.

Shopping:
Mon.-Thurs. 1 pm & 2 pm

Medical Appointments: Mon.-Thurs. 8 am -12 pm

6/1, Out to play at Top Golf & lunch -11:00 am

6/8, Dinner at Yummy House (Chinese)-5:00 pm

6/15, Opera Guild/ Summer Salon- 11:00 am

6/22, Ringling Museum & lunch- 10:30 am

6/29, Dinner at “The Point” (seafood)- 5:00 pm

** Additional information on the above outings will be distributed in flyers. All outings on Wednesdays. If you sign up in the Events Book and need to cancel, please cross your name off the list or call the Social Director at 506. Thank you*

In The Spotlight



Gerald “Gerry” Walker (left) & Craig Riley (right) have been together for 47 years. Originally from the Philadelphia area, they met in graduate school at The University of Pennsylvania. As a doctoral student, Gerry was invited to teach a course at Yale, which was actually sponsored by Penn.

Craig was an elementary school principal in Pennsylvania and later served as a curriculum consultant for the Southern Association of Colleges and Universities, as well as numerous industries.

In 2002 they began thinking of Florida as a possible relocation from Clemson, SC and explored options before choosing Sarasota for its vibrant arts and good healthcare. In 2019 they bought a townhouse, but were still open to other possibilities; and in March 2022 they visited Lakehouse West and recognized the easier lifestyle it offered: meal service, house-keeping services, and transportation to special programs in Sarasota.

With renovations still in progress and decisions about placement of many belongings, they are still happily getting settled in. Their dog Reba, a Clumber Spaniel, is happy to be here too! Welcome Craig & Gerry!

Ginny Cardozo

“All Good Things Come To An End”

(as the old saying goes) Such is the retirement of Patricia “Pat” Bates, Human Resources & Business Office Manager. Pat joined Lakehouse West in 2016. She was a wonderful addition to Lakehouse West, with her sunny disposition, positive attitude, and caring demeanor. Whenever residents needed a “helping hand” in the Business Office, Pat was always there to help with a kind word and bright smile. Pat also knew every single employee and always checked in on them to make sure their experience at Lakehouse West was positive and productive.

Pat was a team player and could always be seen helping out in other departments whenever she could. She was also a regular at all Lakehouse West events, helping to serve up drinks and good cheer! Every yr., Pat, along with a co-worker, designed the village around the train for the holiday season that we all have come to love so much!

Although she is an American, Pat lived and worked in England for many years. She was an Assistant Branch Manager of a bank in England. During that time she raised two children who still live there. She also has a granddaughter. Pat returned to the US in 2007 & settled in Florida where she worked in communities

similar to Lakehouse West. Pat’s parents live in Spain and could use her help. So, after much thought, Pat has decided to retire from Lakehouse West and relocate to Spain effective Friday, June 3, 2022.

We wish her all the best in her retirement!



Cheers For Our Volunteers



“A volunteer is a person who willingly undertakes a meaningful task that aims to benefit others.” Each month NEWSBITS will highlight one of our residents who has been an active volunteer over time, not only here at Lakehouse West, but throughout their lives!



Peg Smith

At Lakehouse West we know Peg Smith as the organizer and director of our Patriot Singers. She grew up in Rochester, New York, where an early interest in music connected her to studying piano, trombone and music theory at the Eastman School of Music, Preparatory department. Simultaneously, at her high school she was involved in concert band, journalism and sports. She wrote for the school newspaper, the Trapezoid, and played and refereed volleyball, soccer and basketball games. She won the basketball free throw shooting contest for girls.

Peg attended Oberlin College Conservatory of Music as a piano major, but quickly fell in love with the pipe organ, her minor instrument, and switched majors. At the beginning of her sophomore year she met Jack Smith, a student at the Oberlin Graduate School of Theology Chapel Services. After they both graduated, and married, they moved to Vermont

where Jack became pastor of a church in Saxtons River. There Peg conducted a choir of 7th to 10th graders and taught piano students at the nearby Putney School.

The Smiths moved to Miami in 1959 where Peg became involved with the Miami Chapter of American Guild of Organists, serving as Dean for two years, a position she would later also hold in Sarasota. In 1972, they moved to Sarasota where she was organist at First Presbyterian Church and St. Andrew's in Boca Grande, as well as music director at Temple Emmanuel-El and Temple Sinai. She served on the Board of Sarasota Concert Association as president, secretary, and artist selection chairman. An active recitalist, she performed organ concerts at the Washington National Cathedral, and the Bruton Parish Church in Williamsburg, VA. (George Washington's church), as well as churches and colleges in Florida.

Shortly after moving to Lakehouse West in 2015, Peg was inspired to organize a men's singing group called the Patriots. Their enthusiasm to perform has been overwhelming, and the men admit that they look forward to rehearsing as much as they do performing! Peg will quickly tell you that the Patriots is her all-time favorite volunteer job! The Patriots traditionally perform on Memorial Day, July 4th and for the Lighting of the Christmas Tree at Lakehouse West. Watching this group perform, one cannot help but reflect on Peg's passion to share her love for music, as well as her dedication to build the confidence and the talent of those with whom she works. Behind her serious façade is a warm and caring lady with a generous heart and a compassion for giving joy to her audiences. Bravo to you, Peg, as we acknowledge with grateful thanks, each time you play for us, and as we listen to the Patriots sing, you make beautiful music together and enhance our enjoyment of every performance.

Health & Wellness

Barbara Argue RN, DON

Barbara is available in the Health Center Monday-Thursday from 8 am to 4 pm or by calling ext. 507. After hours and on weekends, there is always a nurse on duty in ALF who will respond with assistance in a medical emergency. In this instance, call the receptionist (#0) and ask for the nurse to call you. Please do not leave a message at extension 507, as Barbara is not available on Fridays or weekends. Thank you.



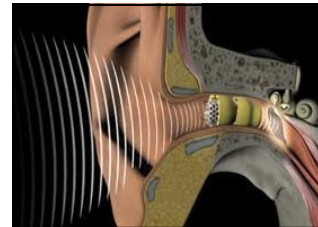
Laboratory Services

Lab draws are in the Health Center (Barbara's' Office) between 7:30 and 8:00 a.m. on Tuesdays. No appointment is necessary, but you may want to review your lab slip with the Director of Nursing. Specimen cups are available in the Health Center for you to pick up that morning. Questions? Call ext. 507.



Hearing Aid Services

Fourth Tuesday of every month 9:00– 10:00 a.m. in the Card Room. A representative from Gulf Gate Hearing Aid Center will check and clean hearing aids. They can also change batteries and provide batteries. Sign up in Events Book.



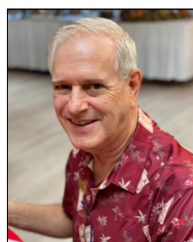
Movement Magic w/Mike McManus
Saturdays 2:15 pm - Meeting Room



Strength & Stretching with Albert Perez, PTA.
Wednesday 10:30 a.m. Meeting Room



Move with Music
Yael Campbell, Certified Instructor
Tuesday, 9:30 a.m.- Meeting Room



Chair Yoga with Rick Rabalais, Certified Yoga Instructor
Monday and Thursday
11:15 a.m.-Meeting Room



Tai– Chi with Hope Byrnes
Wednesdays, 3:15 p.m.-
Meeting Room

Blood Pressure Services

Residents may have their blood pressure checked at any time the Health Center is open.



Podiatrist Services

Dr. Clode visits Lakehouse West every two months He meets with residents in their apartments. Call 507 for information.



Medical Appointment Transportation

Lakehouse West provides transportation for residents to medical appointments. Monday thru Thursday from 8:00 am—12:00 pm. Sign up for medical appointment transportation by 3:30 pm the day before your appointment. You must provide the exact address and time for your appointment. The medical appointment sign up book is located in the Great Hall outside the Business Office.



Resident Birthdays in June

Date	Resident Name	Apt. #
2	Philip Walther	360
9	Anne MacLean	154
12	Warner Fiala	230
13	Joyce Goacher	211
21	Helen Fleder	346
21	Jeanne Blacksin	333
21	Dr. Jack Handel	337
24	Matthew Mariano	164
25	David Mosher	246
29	Ann Gray	125

On the last Friday of every month residents sign birthday cards and donate \$1.00 for every card signed to local charities. The program is managed by the Lakehouse West Friendship Committee.

In Memoriam
Harold Klein-passed away May 12, 2022
Bernie Ehrlich, passed away May 18, 2022

NEWSBITS- Best Newsletter
2017, 2018 & 2019

*Awarded by Florida Health Care
Activity Coordinators Association*

John Dionne, Publisher & Editor
Ginny Cardozo, Writer & Editor
Helen Fleder, Writer
Ginny Coveney & Larry Olson, Editors
Stephen Martin– Bennet, photo contributor

***Making the rest of your life
the best of your life...***

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